

How do I volunteer?

1. Call the Community Visitors Scheme Coordinator on (02) 6332 4866 to learn more about the scheme.
2. Talk to the Coordinator about receiving an application.
3. Fill out and return forms, including National Criminal History Check.
4. Once approved, you will be matched with a resident and introduced. Training and support will be provided.

"The day goes quickly when someone comes to visit"

Home care one-on-one visit recipient

"I love spending time with them, seeing them happy as a direct result of my visits. I also think it is important for the elderly to have connection and contact with people of all age groups, it helps bridge the generation gap"

Community Visitor Volunteer group visits

"They look forward to his weekly visits"

Aged Care Provider Activities Officer

The Neighbourhood Centre

Office hours 9am to 4.30pm
Monday to Friday

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www.twitter.com/TNC_Bathurst

We acknowledge the Wirajduri people, the traditional custodians, and recognize their continuing connections to the land, water and community. We commit to working with all Aboriginal and Torres Strait Islander peoples and cultures, to help strengthen our communities and support social and emotional wellbeing.



Community Visitors Scheme



What is the Community Visitors Scheme?

A **free** Program for elderly people living in aged care facilities and those residing in their own homes who experience loneliness and social isolation.

The Community Visitors Scheme aims to enrich an older persons quality of life by having visits from a friendly visitor. The Program also helps them to feel more connected with the local community.

We service the Bathurst and Oberon areas.

*The **Purpose** of The Neighbourhood Centre is to connect people, resources and ideas to support individuals and strengthen their communities.*

Our values: Respect, Integrity, Equality and Inclusion

What do visitors do?

Community Visitors volunteer their time regularly to develop a relationship with the aged person.

Activities can include;

- Sharing news and community stories
- Working on a hobby together
- Taking a walk
- Listening to music
- Reading a book
- Having a coffee

The activities you do together will be dependant on the aged person's needs and interests. Sometimes these activities can include 2 or 3 residents.



Is this for me?

Are you:

- Someone who likes and wants to help people?
- Able to listen to someone else's stories or concerns with patience and understanding?
- Someone who can spare an hour a fortnight and make regular commitment to volunteering?
- Willing to undergo National Criminal History Records check?

Then become a Community Visitor today - call 6332 4866

Supporting you:

The coordinator matches you with an aged person by considering your interests, hobbies. Your ability to speak another language or your cultural background may also assist with the match. The coordinator supports you throughout your volunteer experience.

The Program has been proven to increase self-esteem, confidence and wellbeing of the recipient. It maintains a sense of connection to the community and reduces feelings of isolation and loneliness.