

## Bathurst

96 Russell Street

Ph: 02 6332 4866

binc@binc.org.au

Monday to Friday 9am to 4.30pm

## Oberon

12 Ross Street

Ph: 02 6336 0909

oberon@binc.org.au

Wednesday to Friday 9 am - 1 pm

Centrelink Agency 9 am - 12 pm

ABN 73 997 917 961

[www.binc.org.au](http://www.binc.org.au)



@TheNeighbourhoodCentre



@TheNeighbourhoodcentre2795

Funding is provided by :



Communities  
& Justice



Australian Government  
Department of Social Services



Australian Government  
Department of Health



Support The Neighbourhood Centre, delivering valuable services to those in need in our community, by making a one off or monthly donation/bequest.

The Neighbourhood Centre is accepting donations through

<https://www.mycase.com.au/charity/42697/TheNeighbourhoodCentre>



Supporting inclusive and  
strong communities

We acknowledge the Wiradjuri people, the traditional custodians, and recognise their continuing connections to the land, water and community. We commit to working with all Aboriginal and Torres Strait Islander peoples and cultures, to help strengthen our communities and support social and emotional wellbeing.



### ***Our Values***

***Respect  
Integrity  
Equality  
Inclusion***

### ***Our purpose***

*To connect people, resources and ideas to support individuals and strengthen their communities.*

## **About us**

The Neighbourhood Centre is a not-for-profit, incorporated community organisation originally formed in 1976 to provide a variety of information, referral and support services for the Bathurst region in a welcoming environment.

TNC:

- ⇒ Support and encourage individuals to connect with and participate in the local community
- ⇒ Provide information and referrals for local services, groups and activities
- ⇒ Provide access to meeting rooms for groups and services
- ⇒ Identify and find solutions to meet local needs

## **The Neighbourhood Centre Oberon**

We work with individuals, service providers and support and encourage individuals to connect with and participate in the local community

- provide information about local services, groups and activities
- provide services
- provide meeting room access to groups and services
- identify and find solutions to local needs
- promote a safe and resilient community.



### **Services Australia kiosk**

- Get help to set up and access digital services
- Lodging Centrelink forms
- Faxing and photocopying documents
- Use of the computer for Centrelink and Human Service's self-service
- Use of the computer for government information
- Use of the computer to search for a job
- Use the telephone to call prospective employers
- Centrelink forms and brochures
- Provide assistance and support.



**Call 6336 0909**

**oberoninfo@binc.org.au**



## Program Calendar

To participate or find out more call 6332-4866

### **Mondays**

10.30am - 12.30pm Kelso Connectivity Program

### **Tuesdays**

12 pm - 1pm Bathurst Interagency. Community Sector Network  
(2nd Tuesday of month)

6 pm - 8pm Men Connect Program

### **Wednesdays**

10 am - 12 pm DCaf - Social Support for carers and their loved ones with Dementia

11 am - 12pm Tai Chi—For Body Mind Balance

### **Thursdays**

10 am - 2 pm Legal Aid Clinic. Civil, criminal and family legal advice.

10 am - 11am Foster Carer & Kinship Carer Support Morning Tea  
(TNC Oberon) (2nd Thursday of month)

10.30am - 11.30am Little Friends—Bubai Mudgi. Intergenerational Social Group

11.30am - 12.30pm Autism Support Group (TNC Oberon)

### **Fridays**

9am - 12pm Neighbourhood Needlecrafters group

10am - 12pm Bubs & Toddlers Playtime

11.30am - 12.30pm Oberon Interagency. Community Sector Network (Bi-monthly)

10am - 12pm Parents & Bubs Morning Tea (TNC Oberon) (3rd Friday of month)

3.30pm - 4.30pm Youth Volunteer Program

4pm-5.30pm The Youth Collective (2nd Friday of month)

### **Monday to Friday (Services by appointment)**

Work Development Orders. Have fines that you can't pay?

English Tuition

Homework Club

Justice of the Peace

Learner Driver

Form Help

Technology Tutoring

Volunteering



## **CHANGE/GROW/THRIVE**

### **How TNC helps build skills**

- Learner Driver Program
- English Tuition
- Homework Club
- Adult Literacy Program
- Technology Tutoring
- Form Help
- Volunteering/Social Participation
- Youth Volunteer Program
- Workshops School Connectivity Programs

### **How TNC supports communities**

- Work Development Orders
- Migrant Support
- Bubs & Toddlers Playtime
- Human Services kiosk Oberon
- DCaf – Supporting those living with memory loss
- Tai Chi – For body mind balance
- Men Connect
- The Youth Collective
- Justice of the Peace
- Legal Aid Clinic
- Builders/ garden maintenance

### **How TNC connects communities**

- Meeting room hire
- Events and expos
- Little Friends – Bubai Mudgi
- Volunteering
- Information, referral and advice
- Interagency networks
- Use of equipment and internet
- Social Visitors
- Neighbourhood Needle Crafters
- Aged care CHSP



## TNC Helps Build Skills

### English Tuition

The English Tuition program continues to flourish. The tutors are able to help with community participation, education, Australian way of life and social inclusion. A notable outcome is increased confidence and self-determination; when people can understand the written language and learn about the nuances of our culture their wellbeing wholistically increases.



### Learner Driver Program

This program is currently running at capacity, with a wait list of clients. There are currently 7 supervisor volunteers.

### Homework Club

The Homework Club has been successful in attracting young students who may have fallen behind due to the pandemic or need help with their studies in general. Also, migrant families where English is not the first language spoken at home and parents are not familiar with the current curriculum. There are currently 4 tutors. *"The tutors are fantastic, establishing a rapport with both myself and the children which has developed a willingness and sense of achievement"* father of clients 2023

### Adult Literacy Program

This is a new program which supports adults gain skills in reading and writing.

*"My personal experience participating in this service has given me insight and skills where I am now confident I can finish my tertiary studies. I can not recommend this service enough."*  
Client 2023

### Technology Tutoring

Technical Tutoring provides a knowledge and skills support role to clients enabling them to bridge the technology gap and assist them to function independently in a digital world.

### Form Help

Form Help assists those in our community who need support with the sometimes very complex paperwork needed to be returned to financial, medical, legal and other organisations.

## TNC Connects Communities

### Meeting room and spaces for hire

TNC provides meeting spaces to several community and not-for-profit groups, local organisations, self-help and business groups.

### Little Friends – Bubai Mudgi

Little Friends - Bubai Mudgi is an inter-generational social group that brings multiple generations together, supporting communities and nurturing relationships through different activities.



### Social Visitors

A free program for elderly people living in aged care facilities who experience loneliness and social isolation. The program aims to enrich an older persons quality of life by having visits from a friendly visitor, and also helps them to feel more connected with the local community.

### Neighbourhood Needle Crafters

The group meets every Friday 9-12pm, and also run workshops. The aim is to educate younger people of needle craft skills that have been handed down for generations. The focus is also to reuse, recycle, repurpose textiles that would otherwise end up in landfill.



### Aged care CHSP

- Brokering, coordinating, **delivering training and education** to service providers, workforce, and consumers
- **Supporting and maintaining volunteering** across the sector, including recruitment, engagement and recognition of volunteers
- Supporting aged care clients to **navigate the aged care system**, particularly clients with diverse needs
- Implementing a Wellness and Reablement approach translating with the client each goal into smaller steps to enable clients to **progress their goals**
- Developing and promoting collaborative partnerships within CHSP and across the broader aged care service system, through extensive networks

## ***TNC Supports Communities***

### **TNC Builders**

#### ***Specialists in home comfort and safety***

- Home modifications
- Home maintenance
- Home renovations and additions

Examples of modification or work that can be carried out include:

- Bathroom modifications and renovations
- Access ramps and pathways
- Driveways
- Hand rails internal and external
- Hand held showers and rails

#### **Advantages of using TNC Builders Service**

- Specialist in home comfort and safety
- Fully licenced and insured
- All staff are skilled, experienced and have required background checks
- Serving the local community for nearly 30 years
- Contracts in place
- Government regulated and compliant with Australian Standards
- Approved Provider for NDIS, CHSP and Home Care Packages

*Can I get services if I am not eligible for a Home Care package, Commonwealth Home Support Program or NDIS?*

**Yes you can**

**Call 6332 2106**



## ***TNC Helps Build Skills***

### ***Volunteering/Social Participation***

Are you interested in volunteering? Volunteering has a meaningful, positive impact on our community but the benefits to you as a volunteer can be just as valuable. You can:

- \* Learn new skills
- \* Share your current skills
- \* Meet people
- \* Achieve personal satisfaction
- \* Increase self-confidence and personal skills
- \* Become actively involved in and contribute to our community
- \* Improve your careers prospects or resume
- \* Have fun
- \* Choose how much or little you want to commit.

### ***Youth Volunteer Program***

Are you aged between 12-24 years? Do you want to see more opportunities for youth? Do you want youth to have a voice? Be part of TNC's Youth Volunteer Program.

This role includes: organise, lead, and promote youth related programs and activities.

Skills to be developed include: leadership, communication, media, networking and teamwork.

#### **Benefits:**

- Great experience
- A certificate for your resume
- Meet new people and make new friends
- Great for Duke of Edinburgh Award



Some of our Youth Volunteers collaborating and planning the Tell Your Story competition 2022.





## TNC Supports Communities

### Social Support Groups

#### Bubs and Toddler's Playtime

It is a social gathering for parents/caregivers to attend and connect with others. Some of the mothers have also joined other groups, such as swimming, and also meet for coffee dates. The group meets every Friday from 10-12pm in the Community Room.



#### The Youth Collective

The Youth Collective is a monthly youth social group here at The Neighbourhood Centre. The group meet every second Friday of each month during the school term, 4.00pm - 5.30pm. An annual calendar of scheduled activities.



#### Men Connect

Men Connect is a social group for men to support each other with their challenges and to learn how to navigate their challenges in healthy ways. The purpose of a men's support group is to help men experience more personal growth, mental health, success, and happiness. The group meet Tuesday weekly. Making men feel needed and useful is the best way to draw them into the community and contact with others.

#### DCaf

Where carers and their loved ones who are living with memory loss, can relax, socialise and discover ways to live well. Our fabulous volunteers (6), many of whom are retired nurses, provide a safe and supporting environment.

## TNC Supports Communities



The Migrant Support Service assists newly arrived migrants and refugees to fully participate

### Migrant Support

- Information and referral to other community services
- Support and advocacy to find help for difficulties with family, work or legal issues
- Linking to community activities and events
- Support to community organisations to provide culturally appropriate service
- Network with community organisations to ensure that issues facing migrants and refugees are addressed

#### Help is available:

- English tutoring
- Mentoring, help with Australian way of life
- Homework support for primary aged children
- Learn to drive program - assists eligible people through the process of getting their licence
- Legal advice
- Volunteering opportunities
- Volunteer to pay off fines
- Help for people with disabilities
- Help with filling out forms
- Workshops, training and events



**Migrant Support is FREE**